

FOR IMMEDIATE RELEASE

NMSA Announces 2016-2017 Bragg Health Science Scholarship Recipients

(PORTLAND, OR.) April 15, 2017 --- The Naturopathic Medical Student Association (NMSA) is pleased to offer the Bragg Health Science Scholarships for the second year in a row. A record-breaking number of applications were received and reviewed for the nutrition-focused scholarship from naturopathic medical students who are NMSA members throughout North America. Each award is \$2000. Congratulations to our scholarship recipients.

Aubrey Corbett (National University of Natural Medicine, Portland OR)

“Thank you to Dr. Patricia Bragg and the Bragg Health Foundation for this scholarship opportunity and their continued efforts in support of natural medicine” said Aubrey Corbett, NMSA-Bragg Health Science scholarship recipient.

Steven LaBrecque (Bastyr University, Kenmore WA)

He received his Bachelor of Science in Neuroscience, Psychology, and Biomedical Sciences at Central Michigan University in 2012. After acceptance from MD schools in the Midwest, he withdrew his applications after a profound realization of America’s “sick care” system. After graduation, Steven completed a Master of Public Health (MPH) degree from Michigan State University and fulfilled his MPH practicum requirement as a health policy intern at the Bastyr University Center for Health Policy Leadership. When Steven is not in class as a second-year naturopathic medical student, he enjoys traveling, exploring the Pacific Northwest, mindfulness meditation, and socializing with friends.

Kristal Rama (Boucher Institute of Naturopathic Medicine, Vancouver BC)

Her passion for health and her interest in the human body began with her personal healing journey from sports injuries. She earned her Kinesiology degree from Simon Fraser University with a focus in active health and rehabilitation. Throughout her three years at Boucher, Kristal is deeply inspired by her instructors and fellow students. She founded the Boucher Ethics, Philosophy, and Law Club to stimulate further discussion about person-centered care, medical ethics, and visceral healing. With a special interest in nutrition and children’s health, mind-body medicine, and mental health, Kristal is excited to continue moving forward in this journey and acting as a partner in her patients’ health.

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Sierra Sugrue (Bastyr University, San Diego CA)

Originally from Hawaii, Sierra studied yoga and oriental energy medicine after completing her degree in psychology. She acknowledges naturopathic medicine as the perfect landscape for her to cultivate all of her healing-oriented passions. In her role as a health practitioner, she is passionate about assisting people in their return to wholeness. She envisions helping people connect to the ever present peace within, from which all healing emerges.

Sophia Vathracoulis (Boucher Institute of Naturopathic Medicine, Vancouver BC)

She received a Bachelor of Science in Neuroscience with great distinction from the University of Lethbridge. After graduating, she worked at the Canadian Centre for Behavioural Neuroscience as a research assistant, investigating the effects of prenatal stress on maternal care. She hopes to establish a practice focused on healthy active lifestyles within the Canadian youth population. Her clinical interests include physical medicine and gastroenterology. Through her work with the Wellness Initiative, she brings balance and positive experiences to her school community.

The NMSA acknowledges the generous contribution of the Bragg Health Foundation. Their continuous support towards naturopathic medical students helps ensure the success of naturopathic physicians of tomorrow.

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About the NMSA:

The Naturopathic Medical Student Association (NMSA) is an international, student-governed 501(c)3 non-profit organization established to support naturopathic medical students at accredited schools in the USA and Canada. The NMSA provides access to unique leadership experiences and educational resources, as well as increased access to information on how to succeed in our future careers as healthcare professionals. Learn more at <https://naturopathicstudent.org>.

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