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LETTER FROM THE PRESIDENT

Our friends, colleagues, and future physicians,

The Naturopathic Medical Student Association (NMSA) was formed on the principle that the student voice deserves to be heard. Through the members of this organization, a unique viewpoint regarding the needs and future possibilities comes together. The NMSA Board of Directors has served to represent students at all accredited naturopathic medical institutions in order to better prepare them for their greatest success as naturopathic physicians. This comes about through offering networking, professional development, leadership development, advocacy, and education.

It has been an honor to work with a lineage of amazing leaders whose passion and expertise shines through. Your fellow classmates have been an inspiration to in serving the naturopathic medical students across North America. Each and every one of our members has brought unique talent, stories, experience, and perspective into the forward movement of our medicine.

The last years of the NMSA have been groundbreaking in the development of new opportunities, renewal of old positions through Fellowships, creation of sustainable business practices, and joining the planning tables of other organizations to a new degree. This is the time in our profession to join your respective associations, let your voice be heard, and ensure the leaders of our medicine can make the greatest difference possible. Accept and cherish your differences, love and respect the differences and needs of others, and push yourself every day to work in a collaborative manner – this will be the source of the greatest change naturopathic medicine has seen yet!

During the next year, the NMSA is energetically moving to improve relationships with organizations throughout our profession, develop educational tools and opportunities unique to each chapter, and participate in the discussions that are happening which will change the landscape of our medicine. With the best practices set in place by the previous NMSA leaders, we will be working to our fullest capacity to ensure our students are represented and given a chance to make a difference.

In light,
Blake Langley
NMSA President

Brice Thompson
NMSA Immediate Past President
LETTER FROM THE EXECUTIVE DIRECTOR

NMSA Members,

It is an absolute honor to be the Executive Director under the leadership that is guiding the NMSA. Throughout 2018 and looking to 2019, NMSA leadership continues to dive into conversations and strategies that are collaborating to bring the Naturopathic profession together and offer more student opportunities.

You represent the future of this profession and leader of natural medicine in a time when the consumer population is demanding better health. The NMSA is always working to expand and enrich your collegiate experience whether that be additional leadership training, travel opportunities, physician to student networking or student community events.

Our students saw great benefits by offering dual membership with the AANP and co-locating the NMSA Conference & Cup over the 2017 and 2018 years. Conversations are ongoing with additional state and specialty associations to continue to build on this model and open as many doors to students as possible.

Your membership and involvement will always be the energy that fuels this organization. Please continue to dive into the events being held in your schools, support your local leadership and carve out the time to get involved in all that the NMSA offers - it truly will be one of the best things you do for yourself both during medical school and set you up for success as you enter your professional life.

It’s always my honor,
Stephanie Fogelson
NMSA Executive Director
EXECUTIVE SUMMARY

Who we are. The Naturopathic Medical Student Association (NMSA) is an international, student-governed 501(c)3 non-profit organization established to support naturopathic medical students at accredited schools in the USA, Canada, and Puerto Rico. We provide educational opportunities and increased access to information on how to succeed in our future careers as healthcare professionals. Additionally, we seek to provide our leaders in development opportunities to flex their administrative muscle to assist in their futures in the business of medicine.

Mission. The NMSA acts as a unified, sustainable, ethical and professional voice for naturopathic physicians-in-training across North America. The main emphasis of the NMSA is to function as an advocate for naturopathic physicians-in-training, and create educational and community building initiatives that prepare students with the tools, experiences, and connections necessary to become successful physicians.

What we are doing. The NMSA is where naturopathic medical students come together to learn, network and gain valuable experience enhancing their medical education. The NMSA builds community and supports student leadership and projects to do advocacy work, build relationships with the greater healthcare community and host annual events. NMSA targeted project areas include Legislation and Public Policy, Education, Integrative Medicine, Research and Global Health.

Our history. Students of the naturopathic philosophical school became the founders of modern naturopathic medicine. Students made it happen. They established schools, acted as teaching assistants, ran the admissions office, invested their personal savings, mopped the floors, paid the bills, and created both schools and communities that began to flourish. These became the founders who became your teachers.

In the mid-1990’s, naturopathic students began to reach out to each other between schools, and the first International Naturopathic Student Association (INSA) met at CCNM and began to build a student community. Their second meeting was held at NCNM. At the third meeting of this community at SCNM just over 10 years ago, they formed a formal organization, the Naturopathic Medical Student Association (NMSA). The students of this generation are the NMSA pioneers and the foundation is now firmly in place.

Through the years, NMSA membership has grown to over 2400 students through 9 accredited naturopathic medical programs in the US, Canada, and Puerto Rico. We have hosted over 10 international student conferences, forged an advisory group in AMSA to be revived in the future, gained a seat at the professional planning table of the Naturopathic Coordinating Council (NCC), established board representation at CAND and AANP, have participated in national, provincial and state legislative and lobbying efforts, as well as in the establishment of Naturopathic Medicine Week in 2 countries.

Today’s student leaders advocate for student issues in professional formation – they are working tirelessly to have your voices and concerns heard at every professional planning

NMSA Actions
- Enhance Student Opportunities
- Promote Advocacy
- Build Respectful Relationships

NMSA Values
- Empowerment
- Community
- Impact
- Integrity
The students of today are challenged to create new opportunities and participate in new initiatives. We will continue to open additional educational programs and clinics. We will write, do research, teach and grow our profession. We will create an easier path for the students of naturopathic medicine that follow us. Students today continue to be pioneers for the future. Let’s raise our voices. *Your united student voice is the NMSA.*

**NMSA INTERNATIONAL ACHIEVEMENTS: BY THE NUMBERS**

*Celebrating over 10 years of Student Advocacy!*

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<tbody>
<tr>
<td>2</td>
<td>Representatives from Canadian schools represented at the CFMS Spring Meeting</td>
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<tr>
<td>2</td>
<td>2 administrative interns, providing small stipends to students</td>
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<tr>
<td></td>
<td>1 - Social Media</td>
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<tr>
<td></td>
<td>1 - Development</td>
</tr>
<tr>
<td>2</td>
<td>Student recipients of $2500 Bragg Nutrition Scholarships each</td>
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<tr>
<td>4</td>
<td>Executed 5th Annual NMSA Naturopathic Medicine Week Challenge between 9 of the medical schools in the US and Canada</td>
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<tr>
<td></td>
<td>Congratulations to CCNM and Bastyr Washington!</td>
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<tr>
<td>5</td>
<td>Student Fellows of Research, Public Policy, and Global Health</td>
</tr>
<tr>
<td>11</td>
<td>11th Annual NMSA Cup</td>
</tr>
<tr>
<td></td>
<td>Congratulations to Boucher - 2017 Champions and NUHS – 2018 Champions!</td>
</tr>
<tr>
<td>11</td>
<td>The NMSA celebrates its 10th year of non-profit organizational status!</td>
</tr>
<tr>
<td>48</td>
<td>Travel Grants offered to students seeking additional educational opportunities</td>
</tr>
<tr>
<td>90+</td>
<td>Students in attendance at DC FLI, many on partial or full NMSA scholarship!</td>
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<tr>
<td>400+</td>
<td>Students who took advantage of the free AANP dual-membership!</td>
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<tr>
<td>2017</td>
<td>The year for holding our 14th Annual NMSA Conference, hosted at the Town &amp; Country Resort in conjunction with the AANP in San Diego, CA</td>
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<tr>
<td></td>
<td>160 Attendees – our largest attendance to date!</td>
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<td></td>
<td>14 Speakers – 2 student speakers!</td>
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<tr>
<td></td>
<td>7 Sponsors – thank you to NCMIC, Ayush Herbs, Herb Pharm, Integrative Therapeutics, Natural Partners, Nutritional Fundamentals of Health, and Microbiome Labs!</td>
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<tr>
<td></td>
<td>2 NMSA-specific events including our first Fireside Chat and NMSA Social!</td>
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**Additional Updates**

- Continued the streamlined organizational development and strategic planning implementation
- Renewed contract for NMSA Executive Director, Stephanie Fogelson
- Contracted a new conference coordinator for use in future conferences
- Held the Winter Workshop for 2018 in Clearwater, Florida
- Finalized agreements for free dual-membership with the AANP, and worked with the AANP Membership Coordinator to streamline this process
- Maintained a sustainable membership association software system (NEON)
- Developed a sustainable, living Prospectus for use in future years
2017-18 NMSA EXECUTIVE LEADERSHIP

EXECUTIVE BOARD
President                  Brice Thompson                  NUNM
President Elect           Blake Langley                  NUNM
CAO                       Steven LaBrecque              BUW
CFO                       Randall Block                 UBCNM
VP Communication          Erica Rizzolo                 CCNM
VP Membership             Thomas Macsay                 BUW
Executive Director        Stephanie Fogelson

CHAPTER PRESIDENTS
BINM                      Carolyn Mukai
BUC                       Tabitha Lowry
BUW                       Sydney Freggiaro
CCNM                      Maxwell Crispo
Chicago                   Karah Kruse
NUNM                      Mario Tarasco
SCNM                      Nadine Piazza and Neha Kaushik
UBCNM                     Mansi Vira
Turabo                    Angel Santiago

CHAPTER ACHIEVEMENTS AND EVENTS

Bastyr University Washington Chapter

- Winners of the 2017 US Naturopathic Medicine Week Challenge and the Golden Avocado!
- Hosted a total of 38 campus events with over 1700 students in attendance.
- Raised $7,000 in scholarships and travel grants for students.
- Organized a multidisciplinary disciplinary Integrative Health Panel.
- Hosted four emergency preparedness events including active shooter awareness and earthquake preparation.
- Collaborated with the Washington Association of Naturopathic Physicians to host an event on Student Loan Repayment options.
- Held a "Words of Thanks" week where students wrote over 300 notes of appreciation to our faculty and staff during the week before Thanksgiving.
- Hosted numerous free Philosophy Talks per quarter with elders in our ND profession.
- Over 100 ND students and doctors attended the Annual "Hale's Ales Career Panel and Mixer".
- Held an Integrative Medicine mixer with UW medical students.
- Organized a 1-day intensive Integrative Cardiology Event that included an interventional cardiologist and naturopathic physician.
- Hosted a community hydrotherapy event at Ladywell’s Spa in Seattle for numerous ND students.
- Awarded Philosophy Chair Jennifer Cheng the NMSA Global Health Fellowship!
Organized a series of lectures in GI health involving SIBO and biofilms.

**Bastyr University California Chapter**
- Held significant presence and role at the Academy of Integrative Health & Medicine (AIHM) Conference in San Diego, 2017.
- Additionally, has held multiple integrative medicine events and attended outside events in conjunction with AIHM.

**Boucher Institute of Naturopathic Medicine Chapter**
- Organized a new student orientation and NMSA presentation with distribution of NMSA swag.
- Sponsorship of information session with Dr. Beverly Huang, President of the College of Naturopathic Doctors of Alberta (CNDA) open to all students.
- Sponsored two students to attend the 3rd annual Boucher Vis Retreat.
- Annual Valentine’s Day Bake Sale organized for NMSA through the Boucher Naturopathic Student Association (BNSA).
- Hosted a variety of campus events including Kale Chip Cook Off, Boucher NMSA Cup Competition, Instructor Mini Olympics, and Social Media Challenge.
- During the Naturopathic Medicine Week Challenge, were able to get the City of New Westminster to proclaim Naturopathic Medicine Week as an official event.
- Hosted a Corporate Wellness Talk at Toronto Dominion Bank by Mashael Mawji.

**Canadian College of Naturopathic Medicine**
- Two Fellows awarded at CCNM this year – one for Research and one for Public Policy!
- One CCNM student received a Natural Doctors International travel scholarship.
- Hosted a Welcome Back Celebratory Event at the start of the school year.
- Organized the Queen’s Park Legislative Event in collaboration with the Ontario Association of Naturopathic Doctors.
- Hosted multiple events beyond that from Naturopathic Medicine Week, such as a Celebratory Event, legislative talks, Lunch Learn & Legislation and other talks, and ran an amazing Global Health Week.
- Organized a Green Cleaning Workshop and Errors in Clinical Judgement Panel Discussion.
- Hosted a Change of Season Soup Kitchen Sales, Hurricane Maria fundraising, and Turabo support efforts.

**National University of Health Sciences (Chicago Chapter)**
- Increased manual NMSA membership by 322%, representing 44% of enrolled ND students at NUHS!
- Successful schoolwide Naturopathic Medicine Week Challenge that concluded with 2nd place in the Golden Avocado U.S. contest.
- Thirteen students attended DC-FLI, the largest group in NUHS’s history.
- Revamped the NMSA Cup Trivia team, with having the player with the most points scored in play.
Played a Secret Santa event, by collecting donations of new toys and clothing that helped over 200 local families celebrate the Holidays.
Local chapter events included legislative education, NPLEX I prep, a thermography introduction, indoor botanical plant seminar, full moon meditation and ongoing cross-club maintenance of the school’s botanical garden.
NDI scholarships and interest rose 300% when promoted through NMSA.

**National University of Natural Medicine**
- Increased attendance to our biggest event, Black Tie as well as had more/better raffle/bid items.
- Ugly sweater met/or surpassed last years’ funds.
- Added in quarterly bake sales.
- Hosted several integrative medicine events with SAIM.
- Hosted several organizations in conjunction with the Global Health Club.
- Soup cook off surpassed last year’s attendance.
- Grilled cheese day equivalent to last year.
- Secured funds for the NMSA Cup Trivia Team.
- Donated pizza party for first years.
- Raised over $5,000 and sent 15 students to DC-FLI this year.

**Southwest College of Natural Medicine**
- Increased NMSA presence on SCNM campus compared to years before.
- Supporting students by providing popcorn along with the school during midterm and finals weeks.
- Tea and Munch lunch time talks on campus.

**University of Bridgeport, College of Natural Medicine**
- Hosted a first-ever NMSA formal with around 90 attendees.
- First time ever having 40+ students attend DC FLI, and arranging a bus to take all the students there.
- Event-filled NMWC including Zumba, yoga by the beach, Mindfulness in Medicine talk by Dr. Paul Epstein, Groundwork Bridgeport (local non-profit) discussion, “Herbal tea of the day”, Herb walk, Naturopathic Medicine Scavenger Hunt, Natural and organic DIY stations in Whole Foods: face masks, muscle relaxants, and balms, and faculty appreciation lunch.
- Numerous talks throughout the school year including: Working as a ND in the Hospital; Residency Presentation; Clinical Applications of LGBTQ History & Modern Issues.
- Fundraisers included 7 soup sales during grand rounds; Chipotle fundraiser; Formal; Baked goods & what grass shots during Vendor Day.
- Creation of a UB NMSA Chapter website!
- Established Naturopaths Without Borders (NWB) through the Global Health Chair position.

**Universidad del Turabo, College of Naturopathic Medicine**
- Organized the Puerto Rico Vegan Fest – the first time all the naturopathic doctors and ND students are together for one large activity.
Ditza E. Alejandro Negrón was recipient of a Bragg Health Science Scholarship worth $2,500!

Valentine’s Day bake sale on campus with a high level of participation.

Hosted a NMSA Christmas Party at Restaurante El Grifo that included art and music celebrations.

Large member participation in a community health fair to represent the NMSA.

Worked extensively not only with school legislation and administration, but has also worked on a level more level with the Puerto Rican government itself. Has additionally given direct updates to the Puerto Rico ANP about efforts from DC FLI.
FELLOWSHIP PROGRAM UPDATES

Research Fellow

- Maxwell Crispo of CCNM is this year’s Research Fellow via the Anna MacIntosh Junior Investigator Award. He is the principle investigator of the study titled “The effect of n-acetyl-l-carnitine on drug-induced neuropathy in cancer patients after chemotherapy treatment”. His team is currently in the process of finalizing the study details with the Research Ethics Board and registering the clinical trial with Health Canada. The Integrative Cancer Centre at the Canadian College of Naturopathic Medicine is the site he plans to conduct the study at once it opens in Summer 2018. The plan is to begin recruitment by mid-summer, with the trial to begin just before September.

Public Policy Fellows

- Valerie Kremer of CCNM represented CCNM and naturopathic medicine in Canada at the International Congress on Integrative Medicine and Health in Baltimore, MD in May 2018. In particular, she was inspired by U.S. Senator Barbara Mikulski, who taught her that we should invite representatives from agriculture, housing, and business to the table since they are part of the healthcare conversation and are sometimes left out. She also mentioned that the best way to enact change for the future of our professions is through young people. Valerie plans on taking the valuable information she learned from this experience back to CCNM to help create a student-led integrative medicine chapter of the Student Alliance for Integrative Medicine. Naturopathic medical students will be able to connect with other healthcare students around Toronto and build a referral network of practitioners they know and trust. In addition, as the NMSA Public Policy Fellow, she plans on partnering with the Ontario Association of Naturopathic Doctors (OAND) and creating legislative training for naturopathic medical students so they can effectively communicate with their local and provincial government leaders.

- Aubrey Corbett at NUNM has been working tirelessly in the last 3 years during ND school with the New Jersey Association of Naturopathic Physicians (NJANP) with the goal of getting naturopathic doctors licensed in New Jersey. So far, she has attended DC-FLI with the awarded funds to meet with NJ legislative offices, and has created a professional website for the NJANP. The website includes essential information about the status of legislative efforts, education about naturopathic medicine, and an area to receive donations to further efforts of the NJANP. Other monies will be used toward hiring a professional lobbyist in the near future.
Global Health Fellow

- Jennifer Cheng of Bastyr Washington has extensive global health experience including with the Peace Corps as a volunteer in Paraguay and as a medical student volunteer with Natural Doctors International (NDI) in 2016. She was Philosophy Chair for the NMSA Bastyr Washington Chapter for two years in a row in 2016-2018. She has also had the opportunity to work with an international patient population through the Consejo community off-site shift under the supervision of Dr. Kevin Connor, ND, LAc. The Consejo clinic in South Seattle has a multi-national Hispanic population who are referred to naturopathic care by the in-house counseling service. Her primary project will be to create an online global health resource center accessible to NMSA members via the website. The process would entail building a relationship with administrators at the World Naturopathic Federation (WNF) and accessing their membership database to compile an international directory of NDs and other practitioners willing to serve as global health resources to students. The resource center would also include a compilation of existing naturopathic, complementary and integrative global health organizations along with a list of individual student-initiated global health trips. After the creation of this online resource center, the next step would be to follow up with a publicity campaign across all the naturopathic medical schools, in order to generate awareness about this new tool. We look forward to seeing what Jennifer is able to accomplish in 2018!
# 2018 FINANCIAL STATUS

## Revenue: Where the Money Comes From

<table>
<thead>
<tr>
<th></th>
<th>2014</th>
<th>2015</th>
<th>2016</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Membership Dues</strong></td>
<td>$54,350</td>
<td>$56,325</td>
<td>$96,785.71</td>
<td>$98,919.77</td>
</tr>
<tr>
<td><strong>Other (Donations, Grants, Income)</strong></td>
<td>$23,000</td>
<td>$43,000</td>
<td>$40,000</td>
<td>$82,201.28</td>
</tr>
<tr>
<td><strong>Total Revenues</strong></td>
<td>$77,350</td>
<td>$99,325</td>
<td>$136,785.71</td>
<td>$181,121.05</td>
</tr>
</tbody>
</table>

All figures are US Dollars.

## Budget: Where the Money Goes

<table>
<thead>
<tr>
<th></th>
<th>2014</th>
<th>2015</th>
<th>2016</th>
<th>2017</th>
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</thead>
<tbody>
<tr>
<td><strong>Travel Grants</strong></td>
<td>$7,200 (9%)</td>
<td>$10,800 (11%)</td>
<td>$9,600 (7.2%)</td>
<td>$13,350.33 (7.4%)</td>
</tr>
<tr>
<td><strong>Leadership/Conference Travel</strong></td>
<td>$5000 (6%)</td>
<td>$15,000 (15%)</td>
<td>$6687.62 (5%)</td>
<td>$18,362.54 (10.1%)</td>
</tr>
<tr>
<td><strong>Board Meetings</strong></td>
<td>$15,000 (19%)</td>
<td>$15,000 (15%)</td>
<td>$15,000 (11.2%)</td>
<td>$12,268.12 (6.8%)</td>
</tr>
<tr>
<td><strong>NMSA Cup</strong></td>
<td>$4,000 (5%)</td>
<td>$4,000 (4%)</td>
<td>$3,408.98 (2.6%)</td>
<td>---</td>
</tr>
<tr>
<td><strong>Conference Expenses</strong></td>
<td>$10,000 (13%)</td>
<td>$10,000 (10%)</td>
<td>$33,963.63 (25.4%)</td>
<td>$29,669.55 (16.4%)</td>
</tr>
<tr>
<td><strong>Fellowships &amp; Scholarships</strong></td>
<td>$3,000 (4%)</td>
<td>$3,000 (3%)</td>
<td>$10,000 (7.5%)</td>
<td>$11,212.82 (6.2%)</td>
</tr>
<tr>
<td><strong>Chapter Expense</strong></td>
<td>$7,500 (10%)</td>
<td>$7,500 (8%)</td>
<td>$11,025.54 (8.3%)</td>
<td>$13,372.89 (7.4%)</td>
</tr>
<tr>
<td><strong>Membership Expenses</strong></td>
<td>---</td>
<td>---</td>
<td>---</td>
<td>$1,456.69 (0.80%)</td>
</tr>
<tr>
<td><strong>Overhead Web</strong></td>
<td>$3,650 (5%)</td>
<td>$5,000 (5%)</td>
<td>$5,300 (4%)</td>
<td>$2,800 (1.5%)</td>
</tr>
<tr>
<td><strong>Executive Director</strong></td>
<td>$22,000 (28%)</td>
<td>$24,000 (24%)</td>
<td>$24,000 (18%)</td>
<td>$24,000 (13.3%)</td>
</tr>
<tr>
<td><strong>Social Network/ Web Upgrades</strong></td>
<td>---</td>
<td>$5,000 (5%)</td>
<td>---</td>
<td>$600 (0.33%)</td>
</tr>
<tr>
<td>Intern Program</td>
<td>---</td>
<td>---</td>
<td>$4,500 (3.4%)</td>
<td>$1,600 (0.88%)</td>
</tr>
<tr>
<td>Fellowships</td>
<td>---</td>
<td>---</td>
<td>$9,500 (7.1%)</td>
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<tr>
<td>Operating Funds</td>
<td>---</td>
<td>---</td>
<td>$500 (.37%)</td>
<td>$3,785.74 (2.1%)</td>
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All figures are US Dollars.

**Financial and Organizational Goals of the Current International Board Executive Committee**

- Create a culture of complete transparency so the membership can have meaningful input into decision-making about how resources are used.
- Seek additional training for Executive Committee members and for the Executive Director to better streamline management and budgeting.
- Develop long-standing relationships with sponsors and donors to continue Fellowship Programs, Travel Grants, the Conference, and the Cup at a lower membership fee for students.
- Maintain resource utilization for social media presence, website management, and other educational opportunities.
- Receive further training for Executive Committee members in QuickBooks and other forms of non-profit management for streamlined internal processes.
- Adhere to, monitor, and frequently update the annual working Strategic Plan to ensure forward-movement and thinking. Please see the following chart for the main goals of the NMSA for the next 5 years.

**5 YEAR GOALS**

- Increased Visibility
- Increased Sustainability
- Increased Member Engagement
- Increased Value of Membership
- Development of Mutually-Beneficial External Relationships
The Value of the NMSA
In the words of your predecessors

“I was honored to join the Naturopathic Medical Student Association (NMSA) as their first Executive Director. As a natural medicine advocate and higher education professional, advancing education and empowering naturopathic students was already a personal cause. It was a privilege to work with the best and brightest of the next generation. Working alongside amazing student leaders to create opportunities for 2500 members, inspired me every day. Naturopathic students from all corners of the US, Canada, and around the globe, are joined in their NMSA commitment to an extraordinary educational experience and to building a professional community dedicated to excellence. The NMSA produces leaders in scholarship, medical practice, research and community health. Thank you for joining me in supporting their bright future.”

Susan Yirku
NMSA Executive Director, 2014-2016
Student Advocate

“It is very exciting to see how much the organization has grown over the years. The reason that we started NMSA was ... simple - it was so that students could bring their voices together and inspire each other. It was so naturopathic medical students could ‘be the change they wished to see’ through working together. I will always do whatever is needed to make NMSA successful. It would be an honor to be involved in some way again. I am here if I can be of any service to you all.”

Jonci Jensen, ND
NMSA Founder
Faculty, Bastyr University; Private Practtice, California

“My desire to be involved in NMSA was inspired by the work of the AMSA. AMSA grew leaders, its objectives and philosophies were driven from the 1960s in civil rights, universal health care and socio-medical issues. It changed medicine. It changed people... NMSA has the opportunity to change and inspire medical students studying naturopathic medicine. It is not just about the medicine, it is also not just about licensure. What are we here for... what do we strive to be physicians for? To improve the world of healthcare! Every aspect of medicine; education, board certifications, natural supplements, medicine. NMSA is the opportunity to mold the leaders of our profession[and] the potential to make monumental changes at a national level... NMSA is the voice of physicians in training and their efforts to serve the public, advocating for quality, diversity, professional integrity, development and student well-being. Without NMSA’s strength and organization you only have the medicine, and the medicine is not enough to change the world on its own.”

Vanessa Esteves ND, MSA
Student AANP Board Member 2007
Clinic Director, Oregon Integrated Health, Portland

“The original goal of the NMSA ... was to be the thread that held us together. We had plans to build a website where students could get newsletters, online forums, study guides, “Craigslist” type advertising. The NMSA student conference was also designed to
bring students together and provide networking as well as education, information and support. We also wanted to represent students among the profession and represented students outside the of the profession, primarily interfacing with [AMSA]. The goal with this was to introduce ND students to MD students and eventually harbor future relationship for the benefit of both professions and the patient."

Cherie King, ND
Former NMSA President
Private Practice, Boulder, CO

“Over its last ten years of development the NMSA has built a reputation with not only the Naturopathic profession, but also with the student organizations of other health care fields. The organization is now recognized, respected, and positioned for positive growth, thanks largely to the dedicated student leaders and mentors of the last decade! ... The leadership training I got with the NMSA was priceless. I found the NMSA because of my passion for global health, and before I knew it I was a representative of naturopathic students in some really important discussions... Things that had previously seemed daunting, like public speaking and event organization, became very comfortable for me through my experience with NMSA leadership."

Erin Moore, ND
Executive Director, Share Nepal

Report prepared by
Steven LaBrecque, MPH
Chief Administrative Officer
2017-18
NMSA International